

# STATE OF LOUISIANA

OFFICE OF THE GOVERNOR  
OFFICE OF ELDERLY AFFAIRS

602 N. 5<sup>th</sup> Street, 4<sup>th</sup> Floor  
BATON ROUGE, LA 70802  
(225) 342-7100

[adrcla.org](http://adrcla.org)



## AREA PLAN GUIDANCE

Template, Forms, Instructions & References

**FY 2024** through **FY 2027**

July 1, 2023 – June 30, 2024

July 1, 2024 – June 30, 2025

July 1, 2025 – June 30, 2026

July 1, 2026 – June 30, 2027

# State of Louisiana

## AREA AGENCY ON AGING AREA PLAN

A Comprehensive Coordinated Service System for Older Persons in Louisiana

### Livingston Area Agency on Aging

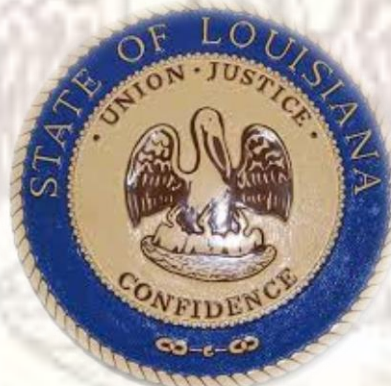
**Fiscal Year 2024** through **Fiscal Year 2027**

**July 1, 2023 – June 30, 2024**

**July 1, 2024 – June 30, 2025**

**July 1, 2025 – June 30, 2026**

**July 1, 2026 – June 30, 2027**



**Submitted to:**

**State Unit on Aging  
Office of the Governor  
Office of Elderly Affairs  
602 N. 5<sup>th</sup> Street, 4<sup>th</sup> Floor  
Baton Rouge, LA 70802  
(225) 342-7100**

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# SUBMITTAL PAGE

4-Year Plan for July 1, 2023 – June 30, 2027

Area Plan Update for July 1, 20\_\_ – June 30, 20\_\_

Area Plan Amendment (Date): \_\_\_\_\_

This Area Plan for programs on aging is hereby submitted for the **Livingston** parish planning and service area by **Livingston** Area Agency on Aging. **Livingston** Area Agency on Aging assumes full responsibility for implementation of this plan in accordance with requirements and regulations of the Older Americans Act (OAA); laws and rules of the State of Louisiana; and policies and procedures of the Governor's Office of Elderly Affairs.

This plan includes all information, goals, objectives, and assurances required by the Governor's Office of Elderly Affairs' Area Plan on Aging format, and it is, to the best of my knowledge, complete and correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Director, Area Agency on Aging

The Advisory Council of **Livingston** Area Agency on Aging has participated in the development and final review of this Area Plan.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Chairperson, Advisory Council, Area Agency on Aging

The Board of Directors of the **Livingston** Area Agency on Aging has reviewed this plan and Submittal Page. It is understood that approval covers all sections of this Plan and indicates satisfaction of the full board that the plan is complete, correct, and appropriately developed for the planning and service area.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Chairperson, Board of Directors

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Secretary, Board of Directors



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## Section 1: Mission Statement

The Governor's Office of Elderly Affairs' mission statement:

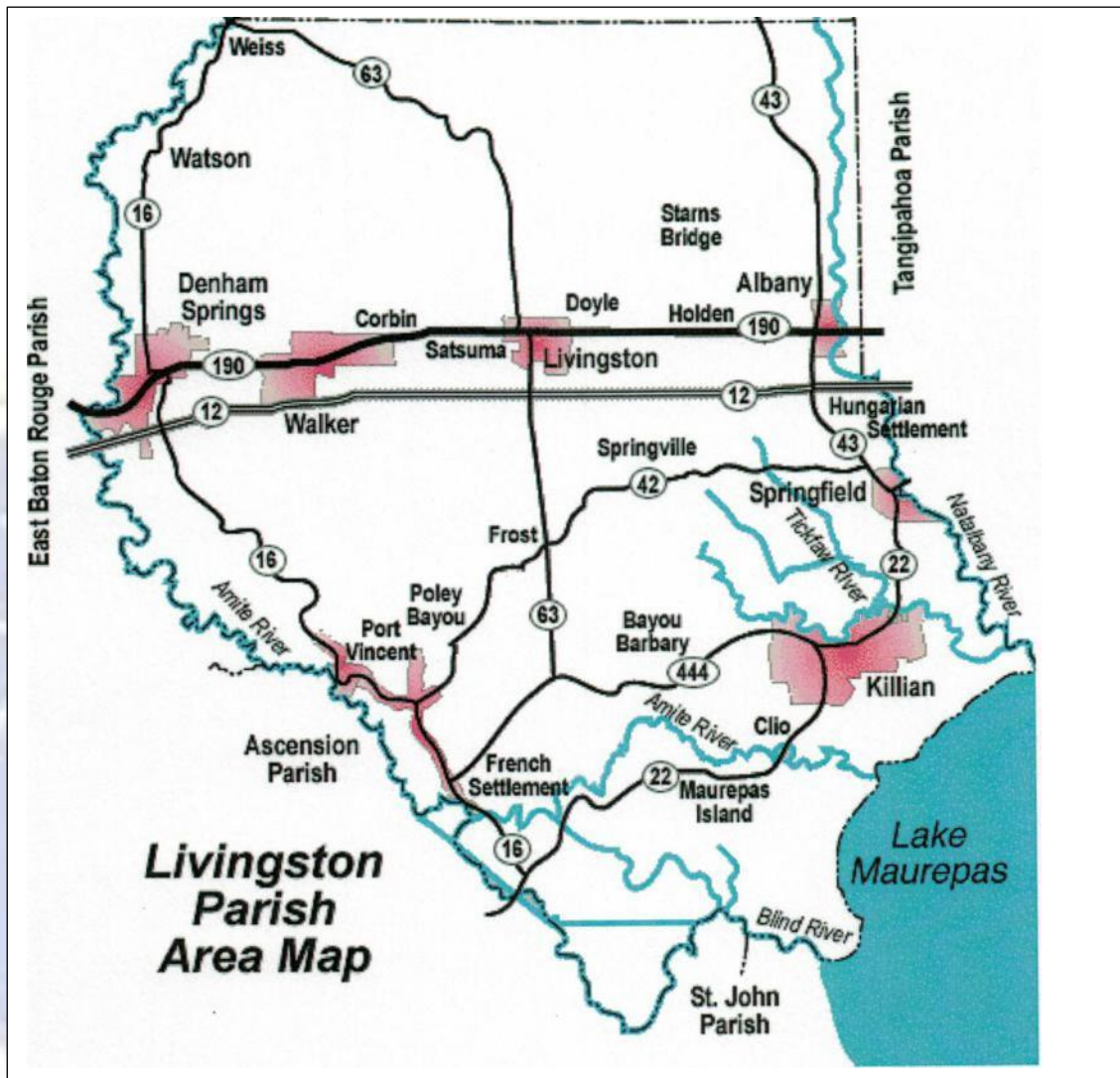
“To serve as the focal point for the development, implementation, and administration of the public policy for the state of Louisiana, and address the needs of the state’s elderly citizens.”

Livingston Area Agency on Aging’s mission statement:

*The mission of the Livingston Council on Aging is to enhance the quality of life of senior citizens in Livingston Parish, so that they can live independently as long as possible in the manner in which they choose.*



## Section 2: Description of the Planning and Service Area (PSA)





## Section 2: Description of the PSA

### Cont'd

## I: PSA Overview

*Based on the 2020 U.S. Census, Livingston Parish has a population of 145,830, with 19,979 residents being 65+. Of the 65+ population an estimated 1,762 of them are living in poverty.*

*Livingston Parish is located in the Southeastern part of Louisiana, and is considered an urban parish by the Census Bureau because it is contiguous to the Baton Rouge Metropolitan Area. Livingston Parish, is in reality, a rural parish with only one town bordering the metro area. That town is Denham Springs, with an estimated population of 9,328 residents. The majority of citizens 60+ in Livingston Parish reside in areas outside of established communities.*

*The parish is quickly becoming a retirement destination for many reasons. The climate is one factor, but the community offers a lower cost of living, affordable housing, assisted living facilities, several health centers, cultural attractions, wellness activities, Livingston Council on Aging Senior Centers/Meal Sites, and many more amenities.*

*The sources of funding the Livingston Council on Aging receive are from contracts with GOEA and DOTD. Property tax, cash fares from transportation services, client donations, and donations from other business and/or organizations also contribute income. Portions of these monies are budgeted for the services LCOA now provides, and hopes to provide in the future.*

*Voluntary organizations in the community attempting to meet the unmet needs of older individuals are: AARP, church groups, food distribution centers, Pilot Club, Kiwanis Club, Two Fish Foundation, Food for Seniors (Commodities), and Senior Center Supportive Services.*

*The largest challenge within the PSA is being able to get the word out about the Livingston Council on Aging to those isolated in more rural areas, however, success has been made with reaching some of these seniors by word of mouth, LCOA website, Facebook page, and local outreach.*

*The second largest challenge within the PSA is getting the seniors to stay involved with the senior centers. However, with the recreational activities provided, LCOA website and Facebook page promoting upcoming events, we are able to get more seniors through the door daily for activities and socialization than before COVID.*

Section 2: Description of (PSA)

Cont'd

2.II: Area Plan Profile

*Livingston Parish is located in the Southeastern part of Louisiana, and is considered an urban parish by the Census Bureau because it is contiguous to the Baton Rouge Metropolitan Area. Livingston Parish, is in reality, a rural parish with only one town bordering the metro area. That town is Denham Springs, with an estimated population of 9,328 residents. The majority of citizens 60+ in Livingston Parish reside in areas outside of established communities.*

*The parish is made up of 2 cities, 2 towns, 4 villages, and 12 unincorporated communities. The LCOA does operate a Senior Center / Meal Site in Maurepas, which is an unincorporated community.*

**Livingston Parish Population Data**

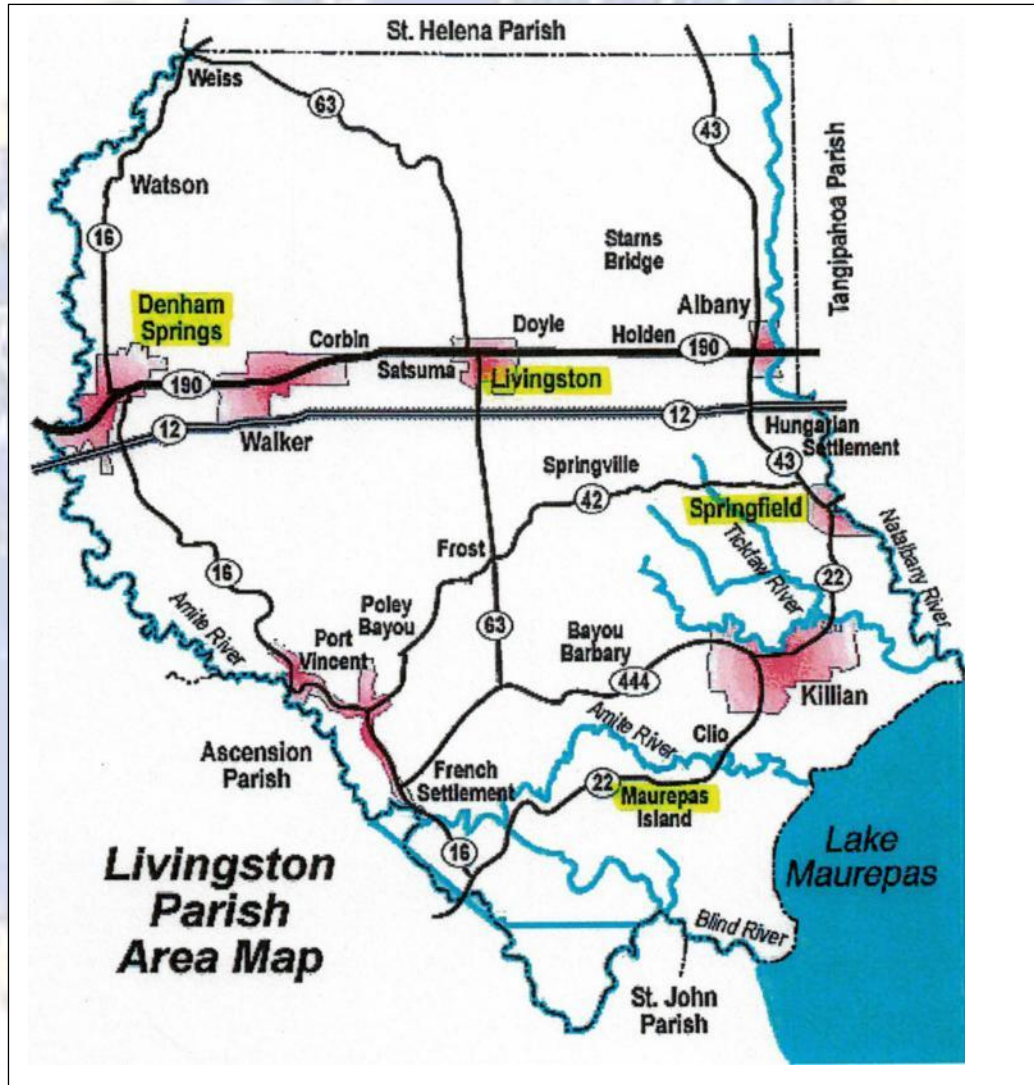
<b>City of Denham</b> 2020 Census-----9,328	<b>City of Walker</b> 2020 Census-----6,374 65+-----11.8% 65+ in Poverty-----20.6%
<b>Town of Livingston</b> 2020 Census-----1,877 65+-----221 65+ in Poverty-----47	<b>Town of Springfield</b> 2020 Census-----427 65+-----68 65+ in Poverty-----11
<b>Village of Albany</b> 2020 Census-----1,235 65+-----153 65+ in Poverty-----42	<b>Village of French Settlement</b> 2020 Census-----1,073 65+-----133 65+ in Poverty-----8
<b>Village of Killian</b> 2020 Census-----1,177 65+-----142 65+ in Poverty-----15	<b>Village of Port Vincent</b> 2020 Census-----646 65+-----71 65+ in Poverty-----11



## Section 3: Focal Points

In cooperation with agencies, organizations, and individuals participating in activities under this plan, the **Livingston** Area Agency on Aging will serve as the advocate and focal point for older individuals within the community by monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals.

For purposes of assuring access to information and services, the area agency shall work with community agencies and officials in the PSA to ensure that focal points are available in each community within the PSA.



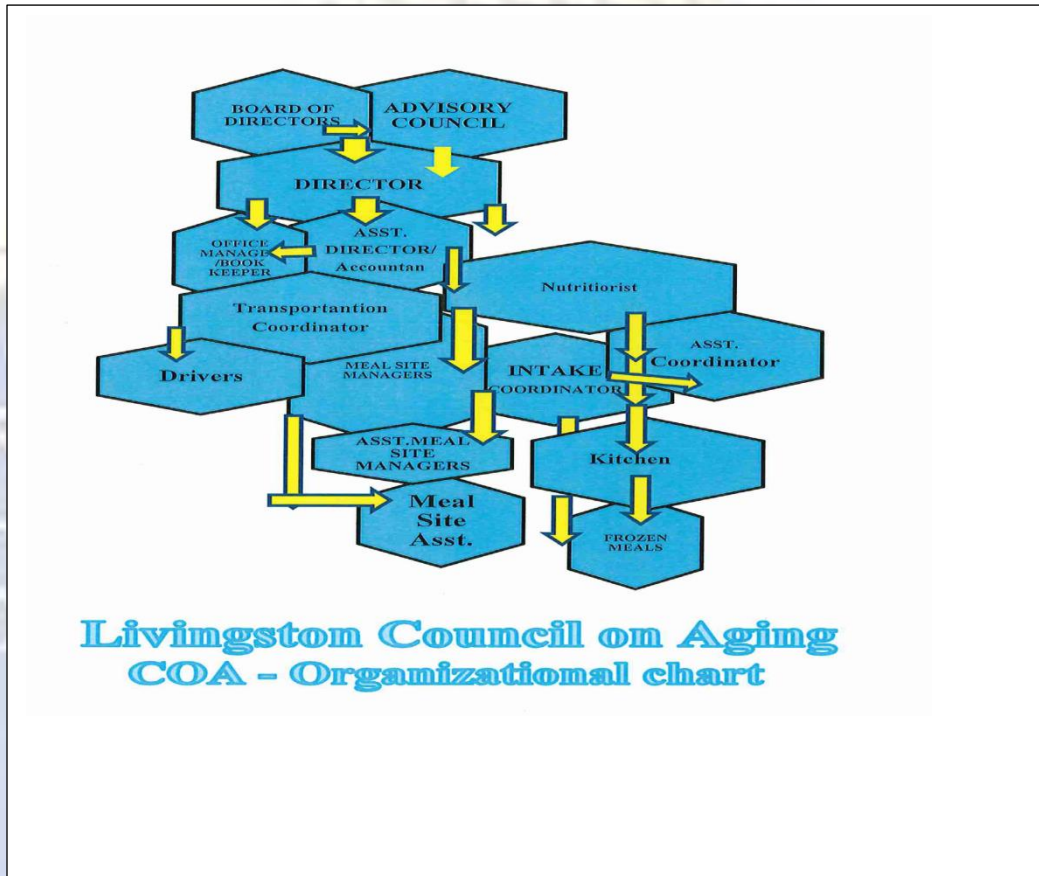
**Section 3: Focal Points**

**Cont'd**

List all <b>community focal points</b> within the PSA utilized or owned by the AAA.				
	Designated Community Focal Point	Physical Address of Focal Point (i.e. 123 Main St. City, State, Zip)	Services Provided	Services Coordinated w/ other Agencies?
1.	Denham Springs Senior Center	949 Government Dr., DS, La 70726	Title III & Senior Center	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
2.	Livingston Senior Center	20170 Ohio St., Livingston, La 70754	Title III & Senior Center	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
3.	Springfield Senior Center	27265 Hwy 42, Springfield, La 70462	Title III & Senior Center	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
4.	Maurepas Senior Center	24259 Hwy 22, Maurepas, La 70449	Title III & Senior Center	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
5.				<input type="checkbox"/> Yes <input type="checkbox"/> No
6.				<input type="checkbox"/> Yes <input type="checkbox"/> No
7.				<input type="checkbox"/> Yes <input type="checkbox"/> No
8.				<input type="checkbox"/> Yes <input type="checkbox"/> No
9.				<input type="checkbox"/> Yes <input type="checkbox"/> No
10.				<input type="checkbox"/> Yes <input type="checkbox"/> No
11.				<input type="checkbox"/> Yes <input type="checkbox"/> No
12.				<input type="checkbox"/> Yes <input type="checkbox"/> No
13.				<input type="checkbox"/> Yes <input type="checkbox"/> No
14.				<input type="checkbox"/> Yes <input type="checkbox"/> No
15.				<input type="checkbox"/> Yes <input type="checkbox"/> No
16.				<input type="checkbox"/> Yes <input type="checkbox"/> No
17.				<input type="checkbox"/> Yes <input type="checkbox"/> No
18.				<input type="checkbox"/> Yes <input type="checkbox"/> No

# Section 4: Description of the Area Agency on Aging

## I. AAA Organizational Chart





## Section 4: Description of the AAA

Cont'd

### II. AAA Structure

#### *Narrative of Organization Chart*

- **Boards of Directors** oversee the operations, and financial management of the agency as a whole, select the Executive Director for hire and/or dismiss the Executive Director, and appoint members to the Advisory Council.
- **Advisory Council** advises, and advocates for the agency.
- **Executive Director** oversees, and decides the day to day operation of the agency, and executes contracts.
- **Assistant Director** assists the Director in day to day operation, performs Accounts Payable duties, and completes monthly reporting for contracts.
- **Bookkeeper/Office Manager** performs accounts receivable duties, clerical duties, and is 3<sup>rd</sup> in command form Director and Asst. Director.
- **Nutrition Coordinator** oversees kitchen and meal site operations, and compliance.
- **Transportation Coordinator** schedules rides, manages drivers, enters STTARS data, oversees FTA compliance for vehicles, and drives when necessary.
- **Driver** transports seniors to and from destinations, and transports cash fare clients to and from destinations.
- **Meal Site Manager** manages day to day operations at their respective senior centers, transport seniors, and report data to Assistant Director for monthly reporting.
- **Meal Site Assistant Manager** assists the Managers with all day to day operations of their respective senior centers.
- **Meal Site Assistant** assists with all day to day duties in senior centers, including coordination of recreational activities.
- **Intake Coordinator** assists qualified clients with receiving extra services the agency has to offer.
- **Intake Coordinator Assistant** assists the Intake Coordinator will all day to day tasks/clients needs assessments.
- **Kitchen Staff** consists of Kitchen Cook, Assistant Cook, and Kitchen helpers. All of the kitchen staff are under the immediate direction of the Nutrition Coordinator. Duties are to inventory/order necessary items for meal preparation, prepare meals for senior centers (C-1), and home bound seniors (C-2), meal planning, and compliance.
- **C-2 Drivers** are under the immediate direction of the Intake Coordinator and the Asst. Intake Coordinator. The drivers deliver C-2 meals to the agency's qualifying home bound seniors.

### III. AAA Operational Plan

*The Livingston Council on Aging (LCOA) / Area Agency on Aging (AAA) was chartered June 26, 1973. It is governed by a Board of Directors with 13 members who are elected by the general membership of the LCOA to oversee and establish policies governing all aspects of LCOA operation. The Agency is also guided by the five Advisory Board members that represent a cross section of the parish. The Advisory Board provides support to the Executive Director who is responsible for implementing the Area Plan and to the agency's Board of Directors. The Advisory Board meets quarterly to monitor the plan. The Board of Directors and the Advisory Board are definitely a strong component of the LCOA. They are very active and willing to help in any way possible to make sure that the seniors of Livingston parish are well taken care of and get the help they need.*

*The LCOA is designated by the Federal Administration of Aging, the State of Louisiana through the Governor's Office of Elderly Affairs, as the Area Agency on Aging (AAA) to administer a comprehensive four-year plan designed to meet the needs of the senior population in Livingston Parish. Seniors are those individuals who are sixty years of age or older; however, priority for services is given to those seniors in greatest need.*

*The number of Staff at LCOA averages 26-33. They are responsible for the objectives of the plan and reporting monthly to the Executive Director. The staff will follow the timelines for each goal and objectives provided by the plan. The Executive Director prepares quarterly annual reports for the Advisory Board and GOEA. The staff are trained in their particular field to help offer the best service possible to the clients. Coordination and collaboration with other agencies are vital, not only to prevent overlapping of services, but for referrals for services that LCOA cannot provide to the seniors. Contracts are made with public/private provider agencies to implement these services.*

*The LCOA provides over 15 services to the seniors of Livingston Parish, serves an average of 220 hot meals daily, and an average of 360 home bound seniors monthly. All four of the LCOA Senior Centers provide those without or with disabilities, along with their caregivers, a place to enjoy activities, meals, wellness, and socializing. The agency also offers Legal Services, In-Home Respite, Chore, and Personal Care programs to help aid seniors with or without disabilities.*

*The LCOA has long been known as a fun place to go. Not only does the agency provide the services necessary for seniors to remain as independent as possible, but we give them the opportunity for a variety of fun activities. These include our Annual Fun Day, fishing trips, exercise programs, auctions, daily bingo, monthly birthday celebrations with music, billiards, Livingston Parish Fair Senior Day, celebrating holidays, crafts, karaoke, health fairs, and day trips.*

*The LCOA is continuously growing. Partnerships have increased greatly to better serve the clients and the community. Activities have increased and become varied to bring in new seniors. The Title III programs continue to be the core focus and mission. LCOA is always trying to promote interest and involve new seniors through day trips, exercise classes, IIID Wellness Classes, and various other activities.*

*The agency has an excellent reputation of providing assistance with a caring staff who know the pulse of the community. The staff go well beyond their job descriptions to care for clients and their needs. The staff work well together and have been cross trained to help support all of the different programs offered to senior citizens by the agency. Even with all of this support a weakness of the agency is not being able to reach all of those in need within the parish. The agency knows some of the seniors in the parish are just not reachable and some seniors do not have a way of reaching out to the agency.*

*The LCOA is also in very close contact with the S.A.L.T group (Seniors and Lawmen Together). This group consists of members from agencies all over the parish that work with seniors on a daily basis; such as Elderly Protective Services, SHIP, Livingston Parish Sheriff's Office, Oceans Behavioral Hospital, The Marshall's Office, Hospice, and Quad Area, just to mention a few. They refer people to LCOA for help during a time of need and visa versa. Help is also provided during hurricanes or other natural disasters as much as possible; by helping get seniors to a safe area and making sure they have plenty food and water. During natural disasters LCOA maintains very close contact with State / Local police, and shelters.*

### Section 5: Planning Process-Establishing Priorities



*As Louisiana's population of older adults increases, the number of individuals in need of services will also increase. The LCOA monitors all programs and services monthly, weekly, and daily; looking for trends in attendance and food choices. Units of service for participation in all programs are monitored monthly to determine if program participation is increasing or decreasing and what the cause may be. Adjustments are periodically made, if necessary, to insure client satisfaction.*

*The methods used for the FY2024 thru FY2027 Area Plan to determine the needs of seniors was a senior needs assessment form distributed to individuals and/or organizations throughout the PSA. The assessment forms were handed out/mailed to all four of the senior centers, home bound clients, others interested in the project, and agencies/businesses with the PSA that have contact with seniors on a daily basis. Community needs Assessments were also handed out/mailed to Board Members, all LCOA employees, and area agencies/businesses within the PSA that have contact with seniors daily.*

*All of the surveys collected were tallied to determine satisfaction of current services and possible future services. The survey results were presented at the community meetings, and discussed.*

*Public community meetings were conducted at the Denham Springs, Maurepas, Springfield, and Livingston Senior Centers. All of the services currently provided and possible future services were discussed. Comments were also heard from the seniors at the meetings, which proved beneficial during the planning process of possible future services being added to the Area Agency.*

*The sources of funding for the the Area Agency include contract with GOEA, DOTD, NSIP, Livingston Parish property tax, cash fares from transportation, community/business donations, and client donations. Portions of these monies are budgeted for the services now provided and possible future services.*

*Reaching minority clients, as well as clients with disabilities was important during the survey process. Those who are currently being served through our In-Home programs, transportation programs, and meal programs were specifically handed assessment surveys for either the client of the caregiver to fill out.*

*Voluntary organizations in the community attempting to meet the unmet needs of the seniors are AARP, Two Fish Foundation, church groups, food distribution, Lions Club - eyeglasses, Pilot Club, Kiwanis, and S.A.L.T.*

*The agency works with the Advisory Board to monitor the implementation of goals, and reports the results to the Governor's Office of Elderly Affairs annually. The needs of seniors in the PSA will continue to e assessed in the hopes of one day being ale to provide for most of their needs.*



## Section 6: Needs Assessment

*The needs assessment forms gave the Area Agency useful information about the needs of the seniors in Livingston Parish. After going through all of the assessment forms, the Area Agency was able to determine services the seniors need the most. The following are the top five services chosen by seniors, caregivers, and businesses (that deal with seniors on a daily basis), that they would like to see added to the list of services currently provided:*

- 1. Preventing falls*
- 2. Hearing exams and/or hearing aids*
- 3. Information on applying for health insurance or prescription coverage*
- 4. Information, service and support for mental health issues.*
- 5. Dental care and/or dentures*

*The following are the top five services chosen by seniors of the services currently provided by the Area Agency:*

- 6. Senior Center close to home*
- 7. Transportation Services*
- 8. Knowing what services are available*
- 9. Having a meal with others / friend*
- 10. Participating in group activities*

*A discussion was held at the public community meetings about the types of services requested by survey respondents. All services currently provided by the Area Agency were also shared with the attendees. It was noted how important it is for the seniors to spend time with their peers on a regular basis. Depression sets in quickly with those who are lonely. Many seniors live by themselves and look forward to the daily activities the LCOA offers. The recreation and wellness activities are designed to stimulate physical as well as mental health.*

*The population of Livingston Parish has grown significantly since the previous census figures were offered in 2010. It is very important to survey as many people as possible to get an idea of their needs. Minority clients, non-minority clients, disabled clients, and non-disabled clients are currently being served through the In-Home program, Transportation Program, Meals Programs, Recreation Program, Wellness Program, Family Caregiver Program, Utility Assistance, Home Repairs, and Chore Service. The Area Agency will continue to evaluate throughout the year with intakes, reassessments, and word of mouth to make sure all the seniors of Livingston Parish get the best help available for their needs.*

*For the first time since opening in the 1970's the LCOA has a waiting list for services provided under the Personal Care / In-Home Respite Program. This service is currently contracted out by the LCOA through two separate out of parish companies. The COVID pandemic brought with it a challenge of providing Personal Care / In-Home Respite services for clients. The LCOA was able to keep the program going, however, with new growth, and rising costs since the pandemic the LCOA has had to impose a waiting list for this service. The LCOA absorbs the cost of 8 unit hours per/week of Personal Care / In-Home Respite services to clients totaling 70 between both programs. The waiting list does move quickly, however, the area agency is hoping for more funding to provide this service without a waiting list.*

*Through media, expos, health fairs, health care offices, advertising, etc., the Livingston Council on Aging will continue to try and reach all senior populations of Livingston Parish, including those most vulnerable in hard to reach areas.*

## Section 7: Targeting

### I. Targeting Priorities

*According to the Older Americans Act, as amended in 2000, the individuals specifically to be targeted are “older individuals with greatest economic or social need, including low-income minority and older individuals residing in rural areas.” The term “greatest economic need” means the need resulting from an income at or below the federal poverty level. The term “greatest social need” means the need caused by non-economic factors, including physical and/or mental disabilities, language barriers, and cultural, social or geographical isolation; including isolation caused by racial or ethnic status.*

*Ombudsmen program works to protect and promote the rights of residents of long-term care facilities. Ombudsmen works with residents, their families, facilities, community organizations, and other interested parties to address concerns that affect the lives of residents. Ombudsmen listen, provide information, assist residents in solving problems and help families identify suitable long-term care facilities for loved ones.*

### II. Description of Priority Groups

*Many of the objectives in this Area Plan address the needs of targeted populations, even though the specific population may not be mentioned in the language of the objective.*

*Some targeting strategies are more successful than others, and certain factors must generally be taken into consideration when attempting to provide services to targeted areas. As the Area Agency has always provided services to all the seniors of Livingston Parish regardless of race, color, creed, sexual orientation, The Area Agency has several different forms of outreach, but in these cases the Area Agency depends on request referrals from Elderly Protective Services, Doctor’s Offices, hospitals, friends of the family, and family members of the seniors to help locate and provide services to them. Elderly Protective Services also plays a big part in helping to inform the seniors about abuse, fraudulent scams, and seniors rights. Informing and/or educating the seniors gives them the power to help themselves stay healthy and safe.*

### III. Area Plan: Then and Now

*The needs of the seniors has not changed much since the last area plan. The same needs are still there, just in a different order of importance. The senior population still need help with paying for health costs not covered by insurance or medicare, still are concerned for safety, and still want information on programs available to them. As a Council on Aging for Livingston Parish the Area Agency is determined to provide to the seniors of the parish in every way possible.*

*The largest barrier for the LCOA is ensuring that funds are available to continue the services provided by the Area Agency, and to offer new services in the future. Currently the Area Agency fills in financial gaps with public and /or client donations, along with a millage revenue. The Area Agency will need to apply for and receive grants to fund some of the goals in the area plan before they can be implemented.*

*For the first time since opening in the 1970’s the LCOA has a waiting list for services provided under the Personal Care / In-Home Respite Program. This service is currently contracted out by the LCOA through two separate out of parish companies. The COVID pandemic brought with it a challenge of providing Personal Care / In-Home Respite services for clients. The LCOA was able to keep the program going, however, with new growth, and rising costs since the pandemic the LCOA has had to impose a waiting list for this service. The LCOA absorbs the cost of 8 unit hours per/week of Personal Care / In-Home Respite services to clients totaling 70 between both programs. The waiting list does move quickly, however, the area agency is hoping for more funding to provide this service without a waiting list.*

## Section 8: Community Meetings



**Livingston Area Agency on Aging**  
Needs Assessment Community Meeting Record  
Area Plan Cycle 2024 – 2027

Date of Meeting :**October 10, 2022**

Location of Meeting :**Denham Springs LCOA**

1. Describe the format of the meeting. Attach a copy of the meeting agenda.

Melane Kay Granger, The Livingston Council on Aging Executive Director, called the Public Meeting to order at 10:00 am. The Livingston Council on Aging Mission Statement was recited by Mrs. Granger. Stephanie Landry, the Livingston Council on Aging Assistant Director, discussed the Area Plan process, informed the participants of the survey results, discussed services currently provided, and answered questions. Agenda and sign in sheet attached at bottom of page.

2. Briefly summarize comments of those in attendance at the meeting. Attach additional pages as needed.

The seniors agreed with the survey results, and added a few more suggestions; the return of the afternoon transportation route, more vendors, etc. The seniors were overall satisfied with the services currently provided.

3. Indicate revisions made due to comments, if applicable.

.....  
Insert/Attach a copy of the attendance list indicating attendee's name and whether the individual is a/an:

- affiliate of an organization or group representing minority elderly persons;
- rural elderly person;
- caregiver;
- Grandparent raising grandchild

\*\*\* Note: A separate Community Meeting Form is required for **each** meeting held. \*\*\*



# Livingston Council on Aging

*An Area Agency on Aging*

P.O. Box 658 Denham Springs, LA 70127-0658  
E-MAIL: Key Granger [director@livingstoncoa.com](mailto:director@livingstoncoa.com)

Phone (225) 664-9343 or 1-800-238-9344  
Fax (225) 664-9344

**AGENDA**  
**AREA PLAN PUBLIC COMMUNITY MEETING**  
**DENHAM SPRINGS SENIOR CENTER**  
**MONDAY, OCTOBER 10, 2022**  
**10:00AM**

1. Call to Order by: Key Granger Time: 10:00am
2. Roll Call by Sign In Sheet.
3. Discuss Area Plan
4. Discuss Results of Surveys
5. Discuss Services Currently Provided
6. Discuss Services Needed
7. Public Comments

Adjourn Time: 10:25am

*Sign in sheet attached below:*



Denham Springs  
Community Meeti

**Livingston Area Agency on Aging**  
Needs Assessment Community Meeting Record  
Area Plan Cycle 2024 – 2027

Date of Meeting :**October 11, 2022**

Location of Meeting :**Livingston LCOA**

1. Describe the format of the meeting. Attach a copy of the meeting agenda.

Melane Kay Granger, The Livingston Council on Aging Executive Director, called the Public Meeting to order at 10:05 am. The Livingston Council on Aging Mission Statement was recited by Mrs. Granger. Stephanie Landry, the Livingston Council on Aging Assistant Director, discussed the Area Plan process, informed the participants of the survey results, discussed services currently provided, and answered questions. Agenda and sign in sheet attached at bottom of page.

2. Briefly summarize comments of those in attendance at the meeting. Attach additional pages as needed.

The seniors agreed with the survey results, and commented on how happy they are with the services currently provided by the LCOA. The seniors were very pleased with the meals being provided since the opening of the LCOA kitchen.

3. Indicate revisions made due to comments, if applicable.



# Livingston Council on Aging

*An Area Agency on Aging*

P.O. Box 658 Derham Springs, LA 70727-0658  
E-MAIL: Kay Granger [director@livingstoncoa.com](mailto:director@livingstoncoa.com)

Phone (225) 664-9343 or 1-800-238-9344  
Fax (225) 664-9344

**AGENDA**  
**AREA PLAN PUBLIC COMMUNITY MEETING**  
**LIVINGSTON SENIOR CENTER**  
**TUESDAY, OCTOBER 11, 2022**  
**10:00AM**

1. Call to Order by: Kay Granger Time: 10:05am
2. Roll Call by Sign In Sheet.
3. Discuss Area Plan
4. Discuss Results of Surveys
5. Discuss Services Currently Provided
6. Discuss Services Needed
7. Public Comments

Adjourn Time: 10:30am

Sign in sheet attached below:



Livingston  
Community Meeti



**Livingston Area Agency on Aging**  
Needs Assessment Community Meeting Record  
Area Plan Cycle 2024 – 2027

Date of Meeting :**October 12, 2022**

Location of Meeting :**Springfield LCOA**

1. Describe the format of the meeting. Attach a copy of the meeting agenda.

Melane Kay Granger, The Livingston Council on Aging Executive Director, called the Public Meeting to order at 10:05 am. The Livingston Council on Aging Mission Statement was recited by Mrs. Granger. Stephanie Landry, the Livingston Council on Aging Assistant Director, discussed the Area Plan process, informed the participants of the survey results, discussed services currently provided, and answered questions. Agenda and sign in sheet attached at bottom of page.

2. Briefly summarize comments of those in attendance at the meeting. Attach additional pages as needed.

The seniors agreed with the survey results, and commented on how happy they are with the services currently provided by the LCOA. The seniors were interested in discussing the Matter of Balance classes hopefully starting soon, and the possibility of starting the afternoon transportation again.

3. Indicate revisions made due to comments, if applicable.

# Livingston Council on Aging

*An Area Agency on Aging*

P.O. Box 658 Denham Springs, LA 70727-0658  
E-MAIL: Kay Granger [director@livingstoncoa.com](mailto:director@livingstoncoa.com)

Phone (225) 664-9343 or 1-800-238-9344  
Fax (225) 664-9344

**AGENDA**  
**AREA PLAN PUBLIC COMMUNITY MEETING**  
**SPRINGFIELD SENIOR CENTER**  
**WEDNESDAY, OCTOBER 12, 2022**  
**10:00AM**

1. Call to Order by: Kay Granger Time: 10:05 am
  2. Roll Call by Sign In Sheet.
  3. Discuss Area Plan
  4. Discuss Results of Surveys
  5. Discuss Services Currently Provided
  6. Discuss Services Needed
  7. Public Comments
- Adjourn Time: 10:40 am

*Sign in sheet attached below:*



Springfield  
Community Meeti

**Livingston Area Agency on Aging**  
Needs Assessment Community Meeting Record  
Area Plan Cycle 2024 – 2027

Date of Meeting :**October 13, 2022**

Location of Meeting :**Maurepas LCOA**

1. Describe the format of the meeting. Attach a copy of the meeting agenda.

Melane Kay Granger, The Livingston Council on Aging Executive Director, called the Public Meeting to order at 10:05 am. The Livingston Council on Aging Mission Statement was recited by Mrs. Granger. Stephanie Landry, the Livingston Council on Aging Assistant Director, discussed the Area Plan process, informed the participants of the survey results, discussed services currently provided, and answered questions. Agenda and sign in sheet attached at bottom of page.

2. Briefly summarize comments of those in attendance at the meeting. Attach additional pages as needed.

The seniors agreed with the survey results. The seniors commented on wanting more vendors, more trips, and help with medical supplies. The seniors were reminded of material aid offered by the Livingston Council on Aging and to always check with the main office to see if the items needed may be in stock.

3. Indicate revisions made due to comments, if applicable.

N/A



# Livingston Council on Aging

An Area Agency on Aging

P.O. Box 658 Denham Springs, LA 70727-0658  
E-MAIL: Kay Granger [director@livingstoncoa.com](mailto:director@livingstoncoa.com)

Phone (225) 664-9343 or 1-800-238-9344  
Fax (225) 664-9344

**AGENDA**  
**AREA PLAN PUBLIC COMMUNITY MEETING**  
**MAUREPAS SENIOR CENTER**  
**THURSDAY, OCTOBER 13, 2022**  
**10:00AM**

1. Call to Order by: Kay Granger Time: 10:03am
  2. Roll Call by Sign In Sheet.
  3. Discuss Area Plan
  4. Discuss Results of Surveys
  5. Discuss Services Currently Provided
  6. Discuss Services Needed
  7. Public Comments
- Adjourn Time: 10:40 am

Sign in sheet attached below:



Maurepas  
Community Meeti

# Section 9: PUBLIC HEARING

## RESULTS OF PUBLIC HEARING

### Livingston AREA AGENCY ON AGING

1. Complete the following record for all Public Hearings conducted.

LOCATION	DATE	# 60 +	# SERVICE PROVIDER	# ELECTED OFFICIAL	# PUBLIC OFFICIAL	# OTHERS	TOTAL # ATTEND
949 Government Dr., Denham Springs, La 70726	11/02/22	69				2	69

2. Briefly summarize comments of those in attendance.

*The seniors, caregivers, and board members in attendance were very supportive of the goals for the upcoming area plan.*

3. Indicate needs identified through public hearings from the following:

**Elected Officials:**

*None attended*

**Public Officials:**

*None attended*

Section 9: Public Hearing  
Cont'd

**Service providers:**

*None attended*

**Service Recipients:**

*None attended*

**Older individuals:**

*The seniors all agreed with the Area Plan Goals. The comments made by the seniors were all about how happy they are and for us to keep up the good work.*

**Others(i.e. caretakers):**

*2 attended, no comments made*

4. Summarize comments and indicate revisions made due to comments, if applicable.

*N/A*

5. Specify methods and dates used in publicizing hearings.

*November 2, 2022 was the date for the Public Hearing. Local newspaper Public Notice advertisement was used to inform the public of the hearing on 10/6/22 and 10/13/22. Social media was also used.*



Section 9: Public Hearing  
Cont'd

6. Indicate the views of service recipients regarding general policy in the development and administration of the area plan.

*None were given. The Area Plan and the process of the Area Plan goals were explained at the meeting. The audience was satisfied.*

## Section 10: Identification of Priorities

*Livingston Council on Aging (Area Agency) is committed to serving the seniors of the community. The identification of priorities and targeting the mandated populations is an ongoing process. The Livingston Council on Aging is constantly seeking new sources of support, and trying every way possible to strengthen the organizational capacity to meet changing needs and to improve the type and quality of the services being provided.*

*The needs assessment process described in this document and subsequent analysis have contributed to the understanding of local needs. Other factors considered in the identification of priorities include available resources, administrative resources and constraints and the population distribution.*

*The Area Agency is using all available resources to ensure the seniors in Livingston Parish receive a nutritious meal and/or receive nutrition education. With Livingston Parish being a mostly rural parish, the Area Agency does face challenges reaching seniors in some of the more remote areas. Therefore, the senior centers located in these areas are a priority.*

*Maurepas Senior Center is the Area Agency's most remote location. Many of the small population of seniors in the area either do not know about the senior center or do not want to travel so far from their homes. The Area Agency tries to accommodate these seniors by providing transportation, open houses, parties, meetings, dances, and activities to encourage the interest of the local seniors.*

*The Livingston Senior Center is more of an independent, "I am not old", community. Getting the seniors to participate is difficult in this area because the seniors view the senior center as a place for old people that can't get around. Most of the seniors in this area still drive and are able to get around easily. Getting them to understand the senior center is for everyone over 60 to enjoy is a challenge and a priority. Publicized open houses, parties, meetings, dances, and activities are also used in Livingston to entice the interest of the local seniors.*

*Springfield and Denham Springs Senior Centers tend to have steady rotation of seniors equivalent to the population.*

*Providing education and training on staying healthy and active are vital to having a healthy aging community. The Livingston Council on Aging is very dedicated to promoting healthy aging within the community. Healthy aging will not only improve the quality of life for seniors and their caregivers, but can also reduce the burden on social and medical services later in life. The Area Agency also provides on*

*demand blood pressure checks, monthly presentations by health care professionals, yearly flu shots, yearly health fair, exercises three days a week, a daily walking club, and weekly nutritional reports to help educate the seniors on a healthy lifestyle.*

*The goals for the next Area Plan differs greatly from the last. COVID-19 played a part in this because of the increase in costs the virus brought with it.*

*Preventing falls seems to be the most concerning for the seniors. The Area Agency already offers a session of classes through Capital Area called Matter of Balance. The goal will be to increase the session to at least 2 per year using funds found within our budget or by applying for grants.*

*Hearing aids better than insurance standard is important to the seniors. Not all hearing loss is the same and not all seniors are the same. Even with Medicare seniors are having trouble affording hearing appliances. The Area Agency will make a goal of finding a funding source to help seniors better afford necessary hearing appliances.*

*Information on or applying for Medicare / Health Insurance is important to the seniors. The Area Agency does invite insurance vendors to give presentations to the seniors, and answer their questions. The Area Agency will make a goal of increasing these presentation visits, get more vendors to participate, and get a Medicare representative to make more frequent regular visits. No extra funding is needed for this goal.*

*Information and services for support on mental health issues like Depression, Dementia, Alzheimer, etc., are examples of the concerns of the seniors. The Area Agency will make a goal of partnering with more vendors to bring resources to the seniors in need of support. This goal will not require extra funding.*

*Personal Care and In-Home Respite has been a program offered by the Area Agency for many years. However, since the COVID-19 pandemic the AAA has had to implement a waiting list to this program. The Area Agency will make of goal of eliminating this waiting list by finding a source of funding to cover the increase costs of this program.*

## Section 11: Area Plan Goals and Objectives

<p><b>Goal # 1:</b> <i>The Agency will employ methods to increase Matter of Balance classes, increase information, and add speakers to visit each senior center on various ways in prevent falls within the senior (60+) community.</i></p>			
<p><b>Rationale:</b> <i>Information on how to prevent falls, along with access to classes for physical skills on how to prevent falls is a vital tool for seniors, seniors with disabilities, and caregivers who wish to age in place while maintaining a healthy lifestyle.</i></p>			
		<p><b>Projected Start &amp; End Dates</b></p>	<p><b>Update Status</b></p>
<p><b>Objective # 1</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>FY 24:</b></p> <p><b>FY 25:</b></p> <p><b>FY 26:</b></p> <p><b>FY 27:</b></p>	<p><i>Agency staff will work with Capital Area Agency on Aging to increase Matter of Balance classes currently offered to seniors from one session per year, to two sessions per year.</i></p> <p><i>More seniors in the community will have an opportunity to participate in classes and/or use the class as a refresher to continue practicing a healthy lifestyle.</i></p> <p><i>Number of Sessions provided per year; 2 Sessions per year, 60 seniors per session.</i></p> <p><i>2 Sessions per year</i></p> <p><i>2 Sessions per year</i></p> <p><i>2 Sessions per year</i></p> <p><i>2 Sessions per year</i></p>	<p>7-1-23 6-30-27</p>	<p><input checked="" type="checkbox"/> New</p> <p><input type="checkbox"/></p> <p>Continued from Previous Year</p>
<p><b>Objective # 2</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p>	<p><i>The Agency will advertise classes in local news and social media outlets to reach the hard to reach seniors throughout the parish.</i></p> <p><i>Seniors who might not regularly attend a LCOA Senior Center will possibly be made aware of the classes offered, and the seniors in less populated areas have a greater chance of being reached to receive services.</i></p> <p><i>Number of Advertising outlets utilized to reach target populations.</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New</p> <p><input type="checkbox"/></p> <p>Continued from Previous Year</p>



<p><b>Projections</b>  <b>FY 24:</b> <i>1 Social media outlet, 1 website, 1 local newspaper</i>  <b>FY 25:</b> <i>1 Social media outlet, 1 website, 1 local newspaper</i>  <b>FY 26:</b> <i>1 Social media outlet, 1 website, 1 local newspaper</i>  <b>FY 27:</b> <i>1 Social media outlet, 1 website, 1 local newspaper</i></p>			
<p><b>Objective # 3</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>Agency staff will actively seek and invite vendors/speakers to all of the Senior Centers in the parish to present and/or provide helpful information about preventing falls to the seniors.</i></p> <p><i>The senior population will receive current and helpful information to help prevent falls. This will help to reach those who may have missed Matter of Balance classes offered and/or be a refresher for in between classes for others.</i></p> <p><i>Schedule at least two vendors/speakers per year, per Senior Center, to speak to the seniors about fall safety.</i></p> <p><i>Schedule 2 vendors/speakers per Senior Center</i>  <i>Schedule 2 vendors/speakers per Senior Center</i>  <i>Schedule 2 vendors/speakers per Senior Center</i>  <i>Schedule 2 vendors/speakers per Senior Center</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/>  Continued from Previous Year</p>
<p><b>Objective# 4</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>The Agency will advertise vendors/speakers on social media to try and reach seniors that are in difficult to reach areas throughout the parish.</i></p> <p><i>Seniors who might not regularly attend LCOA can be made aware of the vendor/speakers, and the seniors in less populated areas have a greater chance of being reached to receive services.</i></p> <p><i>Number of social media outlets utilized to reach target populations.</i></p> <p><i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/>  Continued from Previous Year</p>

<b>Goal #2:</b> <i>The Agency will provide seniors in need with an opportunity to acquire better hearing aid appliances that may be out of their reach financially.</i>			
<b>Rationale:</b> <i>Not all hearing problems are created equal, therefore not all hearing appliances are created equal. Some seniors require more than what the standard is for Medicare or Insurance, and cannot afford the hearing appliances needed. Information and/or opportunities to access better and/or more affordable hearing aids will greatly help a seniors quality of life.</i>			
		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<b>Objective # 1</b>	<i>Agency staff will solicit local doctors for help to either provide better, more affordable hearing aids and/or provide information on how to obtain better, more affordable hearing aids for seniors in need.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>Build a partnership with local doctors willing to help in need seniors of the parish acquire better, more affordable hearing appliances than what the standard is for insurance or Medicare.</i>		
<b>Measurement:</b>	<i>Number of doctors throughout the parish willing to partner with LCOA.</i>		
<b>Projections</b>			
<b>FY 24:</b>	<i>2 Doctors</i>		
<b>FY 25:</b>	<i>4 Doctors</i>		
<b>FY 26:</b>	<i>6 Doctors</i>		
<b>FY 27:</b>	<i>8 Doctors</i>		
<b>Objective # 2</b>	<i>The Agency will actively solicit hearing aid companies/vendors for coupons/discounts on hearing aids for the seniors of the parish.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>To provide a senior in need the opportunity to afford a hearing appliance that may not have been obtainable to the senior before.</i>		
<b>Measurement:</b>	<i>Number of coupons/discounts per year.</i>		

<p><b>Projections</b>  <b>FY 24:</b> <i>1+ Coupon/discount per year</i>  <b>FY 25:</b> <i>1+ Coupon/discount per year</i>  <b>FY 26:</b> <i>1+ Coupon/discount per year</i>  <b>FY 27:</b> <i>1+ Coupon/discount per year</i></p>			
<p><b>Objective # 3</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>The agency will solicit hearing aid companies/vendors to sponsor at least one senior in need per year, by providing them with no cost hearing aids.</i></p> <p><i>Providing at least one senior per year with needed hearing aids.</i></p> <p><i>At least 1 senior per year.</i></p> <p><i>1+ Senior to receive hearing aids at no cost</i>  <i>1+ Senior to receive hearing aids at no cost</i>  <i>1+ Senior to receive hearing aids at no cost</i>  <i>1+ Senior to receive hearing aids at no cost</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>
<p><b>Objective # 4</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>The Agency will advertise all discounts and/or partnerships on the agency website, and FaceBook pages.</i></p> <p><i>Through social media seniors who might not regularly attend LCOA can be made aware of the discounts/partnerships, and the seniors in less populated areas have a greater chance of being reached to receive services.</i></p> <p><i>Number of social media outlets utilized to reach target populations.</i></p> <p><i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i>  <i>1 website, 1 FaceBook page</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>



**Goal #3:** Agency staff will increase the number of visits with the vendor for Medicare enrollment/education.

**Rationale:** Seniors will receive information, and get to ask in person questions about Medicare. This will give the seniors a sense of control over their own health care/health care options, and also provide added confidence for the seniors and/or caregivers wishing to age in place.

		Projected Start & End Dates	Update Status
<p><b>Objective # 1</b></p> <p><b>Outcome:</b> <i>More presentations will be given per year to help seniors with Medicare/Medicaid questions.</i></p> <p><b>Measurement:</b> <i>Increase number of presentations per year for each senior center.</i></p> <p><b>Projections</b>  <b>FY 24:</b> <i>8 Presentations, 2 per Senior Center per year</i>  <b>FY 25:</b> <i>8 Presentations, 2 per Senior Center per year</i>  <b>FY 26:</b> <i>8 Presentations, 2 per Senior Center per year</i>  <b>FY 27:</b> <i>8 Presentations, 2 per Senior Center per year</i></p>	<p><i>The Agency will contact the current Medicare/Medicaid vendor to increase the number of times per year a presentation is given at all four senior centers.</i></p>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<p><b>Objective # 2</b></p> <p><b>Outcome:</b> <i>Seniors who might not regularly attend a LCOA Senior Center will hear or see of the presentation/speaker offered and will be able to participate.</i></p> <p><b>Measurement:</b> <i>Number of Advertising outlets utilized.</i></p>	<p><i>The Agency will advertise Medicare/Medicaid presentations for the hard to reach seniors throughout the parish.</i></p>	7-1-24 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year

<p><b>Projections</b>  <b>FY 24:</b> <i>1 Social media outlet, 1 website</i>  <b>FY 25:</b> <i>1 Social media outlet, 1 website</i>  <b>FY 26:</b> <i>1 Social media outlet, 1 website</i>  <b>FY 27:</b> <i>1 Social media outlet, 1 website</i></p>			
<p><b>Objective # 3</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>Agency staff will work to increase the number of vendor visits for Medicare Replacement Plans. Such as Humana, Blue Cross, Peoples Health, etc.</i></p> <p><i>The seniors will be able to ask questions, and receive information about how Medicare Health/Replacement Plans work, along with exploring the options available to them.</i></p> <p><i>Number of vendor visits.</i></p> <p><i>At least 2 visits per vendor, per year, per Senior Center</i>  <i>At least 2 visits per vendor, per year, per Senior Center</i>  <i>At least 2 visits per vendor, per year, per Senior Center</i>  <i>At least 2 visits per vendor, per year, per Senior Center</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>
<p><b>Objective # 4</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b>  <b>FY 25:</b>  <b>FY 26:</b>  <b>FY 27:</b></p>	<p><i>The Agency will advertise Medicare Replacement Plan presentations for the hard to reach seniors throughout the parish.</i></p> <p><i>Seniors and/or caregivers who might not regularly attend a LCOA Senior Center will hear or see of the presentation/speaker offered and will be able to participate.</i></p> <p><i>Number of Advertising outlets utilized.</i></p> <p><i>1 Social media outlet, 1 website</i>  <i>1 Social media outlet, 1 website</i>  <i>1 Social media outlet, 1 website</i>  <i>1 Social media outlet, 1 website</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

<b>Goal # 4:</b> <i>The Agency will increase the mental health and emotional support vendor visits for the seniors of Livingston Parish.</i>			
<b>Rationale:</b> <i>Seniors, seniors with disabilities, and caregivers, need to feel a sense of well being. Having a person to speak with when they feel down or overwhelmed will help the mental and emotional health of the senior live a good quality of life while aging in place.</i>			
		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<b>Objective # 1</b>	<i>Partner with current mental health vendor (Oceans) to increase the number of senior center visits per year.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>Livingston Parish senior centers will offer more support for the senior with the help of mental health professionals.</i>		
<b>Measurement:</b>	<i>Number of visits provided.</i>		
<b>Projections</b>			
<b>FY 24:</b>	<i>4 visits per center per year.</i>		
<b>FY 25:</b>	<i>4 visits per center per year.</i>		
<b>FY 26:</b>	<i>4 visits per center per year.</i>		
<b>FY 27:</b>	<i>4 visits per center per year.</i>		
<b>Objective# 2</b>	<i>The Agency will advertise presentations for the hard to reach seniors throughout the parish.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>Seniors who might not regularly attend a LCOA Senior Center will hear or see of the presentation/speaker offered and will be able to participate.</i>		
<b>Measurement:</b>	<i>Number of Advertising outlets utilized.</i>		



<p><b>Projections</b>  <b>FY 24:</b> <i>1 Social media outlet, 1 website,</i>  <b>FY 25:</b> <i>1 Social media outlet, 1 website,</i>  <b>FY 26:</b> <i>1 Social media outlet, 1 website,</i>  <b>FY 27:</b> <i>1 Social media outlet, 1 website,</i></p>			
<p><b>Objective # 3</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b> <i>4 Senior Centers, 4 Displays</i>  <b>FY 25:</b> <i>4 Senior Centers, 4 Displays</i>  <b>FY 26:</b> <i>4 Senior Centers, 4 Displays</i>  <b>FY 27:</b> <i>4 Senior Centers, 4 Displays</i></p>	<p><i>The Agency will set aside designated space in each senior center for information on how to contact a mental health care professional should one be needed.</i></p> <p><i>The seniors will be able to easily see information they may need in order to contact a mental health professional (Oceans Baton Rouge) in the event one is needed.</i></p> <p><i>Always have mental health information available.</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>
<p><b>Objective # 4</b></p> <p><b>Outcome:</b></p> <p><b>Measurement:</b></p> <p><b>Projections</b>  <b>FY 24:</b> <i>2 Visits per year, per Senior Center</i>  <b>FY 25:</b> <i>2 Visits per year, per Senior Center</i>  <b>FY 26:</b> <i>2 Visits per year, per Senior Center</i>  <b>FY 27:</b> <i>2 Visits per year, per Senior Center</i></p>	<p><i>The Agency staff will work to find a vendor to replace Louisiana Relay, in order to have grief counselors for the seniors to confide in regularly.</i></p> <p><i>To continue offering grief counseling to the seniors for overall well being, at no charge to them.</i></p> <p><i>Number of visits per year, per Senior Center</i></p>	<p>7-1-23 – 6-30-27</p>	<p><input checked="" type="checkbox"/> New  <input type="checkbox"/> Continued from Previous Year</p>

<b>Goal #5 :</b> <i>The Agency will find more funding to remove the Personal Care / In-Home Respite Program waiting list.</i>			
<b>Rationale:</b> <i>Providing seniors in need of Personal Care / In-Home Respite is an important program to the community. The LCOA needs to be able to provide these services to the seniors, seniors with disabilities, and caregivers so they can continue to age in place.</i>			
		<b>Projected Start &amp; End Dates</b>	<b>Update Status</b>
<b>Objective # 1</b>	<i>The Agency will submit yearly budget information to GOEA asking for an increase in funding to cover the increased costs associated with the growing need of care and the rising cost of services.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>The Agency will make GOEA aware of the need for more funding to be able provide these services to the growing need.</i>		
<b>Measurement:</b>	<i>Increase in funding.</i>		
<b>Projections</b>			
<b>FY 24:</b>	<i>Increase in funding</i>		
<b>FY 25:</b>	<i>Increase in funding</i>		
<b>FY 26:</b>	<i>Increase in funding</i>		
<b>FY 27:</b>	<i>Increase in funding</i>		
<b>Objective # 2</b>	<i>The Agency collaborate with the Executive Board and the CPA to see what can be moved, omitted, shared, etc., within the budget to cover the rising costs of In-Home Respite and Personal Care Programs.</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Outcome:</b>	<i>Finding available funds to cover the rising costs of In-Home Respite and Personal Care Programs will alleviate the waiting list, and allow LCOA to provide services once again without a waiting list.</i>		
<b>Measurement:</b>	<i>Raise the number of clients to be helped by 10 each year. This will make the total number of clients receiving Personal Care / In-Home Respite at the end of 2027 = 100.</i>		

<b>Projections</b> <b>FY 24:</b> <i>Increase the clients receiving IHR / PC from 60 to 70.</i> <b>FY 25:</b> <i>Increase the clients receiving IHR / PC from 70 to 80.</i> <b>FY 26:</b> <i>Increase the clients receiving IHR / PC from 80 to 90.</i> <b>FY 27:</b> <i>Increase the clients receiving IHR / PC from 90 to 100.</i>			
<b>Objective # 3</b>  <b>Outcome:</b>  <b>Measurement:</b>  <b>Projections</b> <b>FY 24:</b> <b>FY 25:</b> <b>FY 26:</b> <b>FY 27:</b>	<i>The agency will actively seek available grants offered by other organizations to help offset the rising costs or IHR / PC Programs.</i>  <i>LCOA will hopefully receive extra funds to help pay for IHR / PC Programs and relieve the current waiting list.</i>  <i>Apply for at least 4 grants per year.</i>  <i>1 Received Grant</i> <i>1 Received Grant</i> <i>1 Received Grant</i> <i>1 Received Grant</i>	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year
<b>Objective # 4</b>  <b>Outcome:</b>  <b>Measurement:</b>  <b>Projections</b> <b>FY 24:</b> <b>FY 25:</b> <b>FY 26:</b> <b>FY 27:</b>	The Agency will actively continue to search for Home Health Agencies willing to partner with the LCOA, and provide a more affordable rate to the LCOA budget.  Partnering with a dependable, affordable Home Health Agency will provide the seniors in need of IHR / PC with the services they need.  Actively seek new agencies until one is partnered with.  Seek new IHR / PC providers Seek new IHR / PC providers Seek new IHR / PC providers Seek new IHR / PC providers	7-1-23 – 6-30-27	<input checked="" type="checkbox"/> New <input type="checkbox"/> Continued from Previous Year





## Section 12: SUMMARY OF SERVICES UNDER THE AREA PLAN

### Livingston AREA AGENCY ON AGING

Mark all services to be administered under the Area Plan by funding source

SERVICES TO BE PROVIDED	III B	III C	III D	III E	SENIOR CENTER	LOCAL FUNDS	IN KIND	OTHER FUNDS
Adult Day Care/Health	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assisted Transport(A)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Case Management(A)	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chore (IH)	<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Congregate Meals		<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Home Delivered Meals		<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Homemaker(IH)	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Information & Assistance(A)	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Legal Assistance(L)	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Nutrition Counseling		<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nutrition Education		<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outreach	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Personal Care(IH)	<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transportation(A)	<input checked="" type="checkbox"/>				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Counseling	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crime Prevention Services	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Home Repair/Modification(IH)	<input checked="" type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Material Aid	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Medical Alert	<input type="checkbox"/>				<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Public Education	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Companion Services(IH) <small>(formerly Sitter Service)</small>	<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Telephoning(IH)	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Utility Assistance	<input checked="" type="checkbox"/>				<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visiting(IH)	<input type="checkbox"/>				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wellness IIIB	<input type="checkbox"/>				<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Respite(R)				<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health Promotion & Disease Prevention (HPDP)			<input checked="" type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Support Groups				<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# Section 13: Disaster Preparedness

## I. Disaster Plan

Inert/Attach Disaster Plan in format specified/approved by GOEA's Compliance & Planning Unit

*Attached below:*



Disaster Plan.pdf



Section 13: Disaster Preparedness

Cont'd

II. Public Health Emergency Operational Plan

Insert/ Attach Re-Opening Plan developed in response to COVID-19



## Section 14: Title III Request for Waiver of Priority Services (Optional)

\_\_\_\_\_ Area Agency on Aging

Agencies may request a Waiver of Priority Services if it is demonstrated that such service(s) is/are being provided sufficiently to meet the needs in the PSA. Agencies requesting a Waiver must adhere to GOEA Policy [§1141](#).

1. Priority Service(s) for which Waiver is being requested: \_\_\_\_\_

2. Detailed rationale for Waiver Request.

3. Public Hearing record regarding Waiver Request. (See format in Section 8)

4. Assurance that supplemental service funds not utilized due to this request are allocated to the remaining priority services categories.

5. Waivers may be granted for a period of time up to/not to exceed 12 month; and must be requested annually.

## Section 15: Governing Board

### Board of Directors

Insert completed/approved GOEA Board Roster.

*Attached Below:*



Executive Board  
Roster.pdf





# Section 16: Advisory Council

## Livingston Area Agency on Aging

### Advisory Council Membership

NAME	Physical or Mailing ADDRESS	NAME OF AGENCY / GROUP REPRESENTED
Annie Taylor*	30963 Old River Road, DS., La 70726	Denham Springs Client
Ruth Goodwin ***	33430 Marion Dr., DS., La 70706	General Public Retired LCOA Site Manager
Vi Singleton*	35753 Cane Market Rd., DS., La 70706	General Public Retired LCOA Nutr/Trans Corr.
Barbara Kropog*	30210 George White Rd., Holden, La 70744	Springfield Client
Marty Ourso*	9900 Country Club Dr. #10C, DS., La 70726	Denham Springs Client

Use an asterisk (\*) to indicate persons 60 +. Use two asterisks (\*\*) to indicate Chairperson.  
Use three asterisks (\*\*\*) to indicate Chairperson 60 +.

Indicate number of members in each of the following categories:

Category	Number	Category	Number
60+ population	5	Elected officials	0
Clients of Title III services	3	General public	2
Representatives of older persons	5	Representatives of health care provider organizations (Includes veterans' health care if there is a V.A. facility in your area)	0
Representatives of minority elderly	0	Representatives of supportive services provider organizations	0

## Section 17

## ASSURANCES

### STANDARD ASSURANCES UNDER THE OLDER AMERICANS ACT (PROVISION OF ASSURANCES BY AREA AGENCIES ON AGING)

The Older Americans Act of 1965, as amended (42 U.S.C., Section 3001, *et. seq.* hereafter referred to as the Act), requires each Area Agency on Aging to provide assurances that it will develop a plan and carry out a program in accordance with the plan. Each Area Agency on Aging must comply with the following provisions of the Act and written policies, procedures or agreements, as appropriate, must be on file in the Area Agency on Aging office and available for review and approval by Office of Elderly Affairs officials.

- Sec. 306(a)(6)(E)(F)(G) Procedures for Coordination with Program Listed in Sec. 203(b) of the OAA
- Sec. 306(a)(7) Policy for the Coordination of Community-Based Long Term Care
- Sec. 306(a)(8) Policy Regarding Coordinating of Case Management Services
- Sec. 306(a)(9) Policy to Carry Out the Long-Term Care Ombudsman as Described in Section 307(a)(9)
- Sec. 306(a)(10) Policy for a Grievance Procedure for Older Individuals That are Dissatisfied or Denied a Service Under This Title.
- Sec. 306(a)(11)(A)(B)(C) Policy to Provide or Coordinate Services for Older Native Americans Under This Title With Services Provided Under Title VI
- Sec. 306(a)(12) Procedure to Coordinate Services with Other Federally Assisted Programs as Described in Section 202(b)
- Sec. 306(a)(13)(A)(B)(C) Provide assurances that area agency will maintain the integrity and public purpose of services, provide identity of contracts, demonstrate that the quantity and quality of the services are enhanced as a result of such contract or relationship.
- Sec. 306(a)(14) Assurance is given that preference in receiving Title III services will not be given to any individual as a result of a contract or commercial relationship that is not to implement Title III.
- Sec. 306(a)(15) Provide assurances regarding use of funds
- Sec. 306(a)(16) Self Directed Care
- Sec. 306(a)(17)(a)(b) Emergency Preparedness, Waiver Request Due to Adequate Supply, State Agency May  
(c)(d)(e)(f) Enter Into Agreements to Administer Programs, Legal Assistance Privacy Requirements, and State Agency Withholding of Funds as a Result of Failure to Comply





VERIFICATION OF INTENT

Livingston Area Agency on Aging

This Area Plan on Aging for the period July 1, 2023, through June 30, 2027 includes all assurances and provisions required by the Older Americans Act Amendments (the Act).

The Area Agency on Aging identified will assume full authority to develop and administer the Area Plan in accordance with all requirements of the Act and related State policy. In accepting this authority the area agency agrees to be the leader relative to all aging issues on behalf of all older persons in the planning and service area (PSA). This means that the area agency shall proactively carry out, under the leadership of the Governor’s Office of Elderly Affairs, a wide range of functions related to advocacy, planning, coordination, inter-agency linkages, information sharing, brokering, monitoring and evaluation designed to lead to the development and enhancement of a comprehensive and coordinated community based system to serve each community in the PSA. This system shall be designed to assist older persons in leading independent, meaningful lives in their own homes and communities as long as possible.

CERTIFICATION

This Area Plan on Aging has been developed in accordance with all rules and regulations specified under the Act, as amended, and is hereby submitted to the Governor’s Office of Elderly Affairs for approval.

Signature: \_\_\_\_\_  
DIRECTOR, AREA AGENCY ON AGING DATE

The Area Agency on Aging Advisory Council has had the opportunity to review and comment on the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, ADVISORY COUNCIL DATE

The governing body of the Area Agency on Aging has reviewed and approved the Area Plan on Aging.

Signature: \_\_\_\_\_  
CHAIRPERSON, BOARD OF DIRECTORS DATE

